



2016 Artists Retreat

Welcome to the 2016 theatre KAPOW Artists Retreat! We'll be exploring and training to begin work on season 9.

Directions: All activities will be held in the barn and on the grounds at Chanticleer Gardens in Dunbarton, New Hampshire.

- From the north:
Take 89 to exit 2. Take Rte 13 S (Clinton Street). After 4 miles, turn left to stay on Rte 13 S. The barn will be on your right 3 miles from the turn.
- From the south:
Take 93 N to 101 W to 114 N through Goffstown to 13 N. Stay on Rte 13N through Dunbarton. The barn will be on your right .5 miles north of downtown Dunbarton.

Parking: Road-side parking on Route 13.

What to Bring/Wear: We'll be working in the barn and outside on the farm in August, so come prepared for heat!

- Water bottle
- Change of clothes (or two!)
- Bathing suit and towel if you'd like to swim in the pond
- Sunscreen
- Bug spray
- Sunglasses/hat
- Yoga mat (optional)
- Camp chair (optional)
- A journal/notebook and a pen/pencil
- Snacks and meals (see further info below)
- Come dressed to move (no jeans, dresses or skirts). Clothes that show the contours of the legs, knees and upper body (shorts, bicycle shorts or leggings) are recommended.
- Most classes (indoor and outdoor) will be conducted in bare feet.

Schedule: Spaces will be accessible from 8.30 am until 8.30 pm. See the attached schedule.

Meals: Participants are responsible for their own meals. Coolers will be available to keep food and drinks cool.

For a break from the brown-bag lunch or dinner, there are a few places close by:

- Page's Country Store & Deli: 15 Concord Stage Road, Dunbarton (3 miles)
- Apotheca Flower & Tea Shoppe: 24 Main Street, Goffstown (6 miles)
- Sully's Superette: 10 N. Mast Rd, Goffstown (6 miles)
- Vikster's Pizza: 23 Main St, Goffstown (6.2 miles), 603-8211
- China Gourmet: 25 Main Street, Goffstown, (6.3 miles), 603-497-3631

How to prepare

We will be working with text from William Shakespeare's *Macbeth*, text related to the 1917 Halifax explosion, and text from Stupis F*cking Bird. Particular selections of text to memorize include:

Macbeth

Tomorrow, and tomorrow, and tomorrow,
Creeps in this petty pace from day to day,
To the last syllable of recorded time;
And all our yesterdays have lighted fools
The way to dusty death. Out, out, brief candle!
Life's but a walking shadow, a poor player
That struts and frets his hour upon the stage
And then is heard no more. It is a tale
Told by an idiot, full of sound and fury
Signifying nothing.

Each December

Each December the people of Boston gather to witness the annual lighting of the Christmas Tree. Some of them probably do not know why the people of Halifax send a tree every year or even that it is a gift from Nova Scotia. No one needs to know the story behind a tree to admire its beauty. But the people of Halifax know where it comes from and they remember the story.

SFB

This is real, this is true, This is new, this is now... A new place. A liminal space, A place of grace
And the boundless pursuit Of beauty A place where truth Might be told-- Where
streets Are not lined with gold, But just maybe with something better-- Unfettered
Possibility, Lively Maybe's And vital Why-The-F***-Not's Not people like robots, All
piping the same tune, The tried and un-true The Nothing-Ever-Really-New... Not a
fictional tract But a fact. Not just art, But a start.

Questions?

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