

theatre KAPOW  
2016 Artists Retreat Schedule  
(subject to change)

	Monday 7/11	Tuesday 7/12	Wednesday 7/13	Thursday 7/14	Friday 7/15	Saturday 7/16
9 - 10.30	Michael Chekhov	Viewpoints	Physical Theatre	Playwriting with Lowell Williams	Voice/Cicely Berry	Rehearsal
10.45 - 12.15	Viewpoints	Michael Chekhov	Voice/Jones		Michael Chekhov	
12.15 - 1 pm	Lunch!					
1 - 2.45	Step Dance & Rhythm with Cynthia MacLeod	Lessac Kinesensic Training w/ Aimie Blessing	Tai Chi with Sifu Aaron	Michael Chekhov	Physical Theatre	2 pm Informance and Community Social
3 - 5 pm	Physical Theatre	Object work and Movement Improv		Viewpoints	Viewpoints	

Fees: \$25/day or \$100 for the week

To register for a day or the whole retreat, please visit

<http://www.tkapow.com/retreat2016.html>