

theatre **KAPOW** presents

# Gidion's Knot

by  
Johnna  
Adams

March 5-7  
2021

*Friday, January 15, 7:30 pm*  
*Saturday, January 16, 2:00 pm and 7:30 pm*  
*Sunday, January 17, 2:00 pm*  
*Live Stream*

## Welcome!

*Some things cannot be fixed; they can only be carried. Grief like yours, love like yours, can only be carried. ~ Megan Devine*

For almost a year now, we have all faced some sense of isolation and many of us have faced great loss. In my day job, I work closely with school children many of whom have really struggled with mental health issues as a result of the pandemic, the loss of milestone events, and countless excruciating screen hours. Two things I think Johnna Adams asks us to consider in this gut-wrenching play are: who bears the responsibility for the formation and raising of a child and who is burdened with the blame or shame when things do not go as planned?

Often we are quick to blame as if finding the one at fault will somehow fix the grief/pain/loss. It of course does not. This play reinforces the truth that, in one way or another, we all have some responsibility for our youth. Parents, teachers, neighbors, media personalities, etc. all contribute to the good and to the bad of our children. We feed them both what nourishes and what corrupts. The understanding of that shared responsibility should be a daily call to action to serve the next generation, to care for them, to teach them to care for themselves.

As we, mercifully, get closer and closer to the light at the end of the tunnel, let us not lose sight of the fact that our children will need us to aid the healing of their invisible wounds. We can carry grief, but we can also carry love and what we could all use right now is more love in our lives.

~ Matt Cahoon



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theatre KAPOW presents

## Gidion's Knot

by Johnna Adams

Heather Clark..... Rachael Chapin Longo  
Corryn Fell..... Carey Cahoon

Director ..... Matt Cahoon  
Lighting Design.....Tayva Young

~ There is no intermission ~ Running time: 75 minutes ~

*Presented through special arrangement with Dramatists Play Service.*

*For educational and additional resources, please click [here](#).*

### The Company

**Rachael Chapin Longo** (Heather Clark) received her BS in Theater from Skidmore College and her MA in Educational Theatre from NYU. She is an actor, director, and playwright. Rachael has dedicated herself to educational theatre and arts administration and has worked as a professional teaching artist and education director; creating curriculum and teaching classes in acting, directing, playwriting and movement. Her directing credits include *The Wizard of Oz*, *The Laramie Project*, *The Death of a Caterpillar*, *West Side Story*, *The Tempest*, *South Pacific*, *Sister Act*, *Singin' in the Rain* and *Silent Sky*. Acting credits include *The Importance of Being Earnest*, *The Crucible*, *Desdemona*, *Mr. Burns: A Post Electric Play*, *The Penelopiad* and *The Burial at Thebes*. She was a finalist for a NHTA "Best Director" Award in 2019. Rachael has taught with many NY based theaters including The New Victory Theatre and Light-house Youth Arts Center. She served as the Director of Education and Operations Manager for The Play Group Theatre in White Plains, NY for several years. Rachael is currently an adjunct professor of acting and theater arts in the Visual and Performing Arts Department at Merrimack College. She is also a company member and actor with theatre KAPOW. She is grateful to have the support of her KAPOW family as she continues to train and learn. The opportunity to explore great storytelling of the human experience is a gift.

**Carey Cahoon** (Corryn Fell) was last sees with tKAPOW as Agathae in *FEAST*. For tKAPOW's 2017 production of *Living in Exile* as Briseis she won the NH Theatre Award for Best Actress (Professional). She also won the 2017 NH Theatre Award for Best Actress as Queen Marguerite in *Exit the King*, and in 2014 for her roles in tKAPOW's 3-person *Macbeth*. Other favorite roles include Sarah Goodwin in *Time Stands Still*, Cassandra in *Agamemnon*, Julie in *Miss Julie*, Hedda Tesman in *Hedda Gabler*, Jessie in *'night, Mother*, the Pilot in *Grounded* and Penelope in *The Penelopiad*. Carey has also performed, directed or designed with Glass Dove Productions, Boston Playwright's Platform, Stage One Productions, the Palace Theatre, and the Anselmian Abbey Players. She holds a BA in Classics from St. Anselm College, and trained at the Atlantic Acting School,

Shakespeare & Company, and with SITI Company. careycahoon.com

**Matt Cahoon** (Director) is one of the co-founders of theatre KAPOW and, over the course of the past thirteen+ years has directed over 30 productions for the company. Matt has received multiple NH Theatre Awards for his work with tKAPOW including Best Director for a Drama/Comedy (*Penelope, Exit the King* and *The Penelopiad*) and Best Scenic Design (*Raining Aluminum*). Matt has also directed for other companies including the Winnepesaukee Playhouse (*Accidental Death of an Anarchist, Israel Potter, The Man Who Shot Liberty Valance*, and *Miss Julie*), Jean's Playhouse (*Kimberly Akimbo*), and LaMaMa Umbria (*Bea and Me*). In 2018, Matt co-directed *The Life and Times of Lee Harvey Oswald* at LaMaMa Etc. in New York. Matt has an MA in Arts Administration from Goucher College and his theatre training includes work with Tectonic Theater Project, Double Edge Theatre Company, SITI Company, the New England Center for Circus Arts, and Range of Motion Arts. As his "day job" Matt serves as the Director of Cultural Programming at Pinkerton Academy in Derry.

**Tayva Young** (Lighting Designer) is in her 10th year with tKAPOW. She is feeling blessed to be working on the 13th season: *We Can Get Through This*. She is excited to be a part of a production that is thinking out of the box and working hard to still bring you a form of Live Theatre. She considers tKAPOW her theatre family and could not have asked for a more talented, supportive and imaginative group of people to work with. She has been honored with two NH Theater Awards for best Lighting Design for *Time Stands Still* and *Living in Exile*. Some of her favorite tKAPOW productions are: *Melancholy Play* by Sarah Ruhl, *Living in Exile* by Jon Lipsky, *Grounded* by George Brant and *Silent Sky* by Lauren Gunderson. She enjoys the collaboration process with so many talented individuals, bringing the magic of live theatre to all audiences and in this case from our living room to yours. She thanks each and every one of you for supporting the arts, during this time of uncertainty and distance. Enjoy the Show!

**Johnna Adams** (Playwright) received a Steinberg/American Theatre Critics Association Citation for *Gidion's Knot* (2013). She is a past recipient of the Princess Grace Award and a 2012 Finalist for the Susan Smith Blackburn Award. *Gidion's Knot* was published in 2012 in American Theatre Magazine. The Contemporary American Theatre Festival premiered the play in 2012. She graduated from the DePaul University Theatre School with a BFA in Acting and received an MFA in Playwriting from Hunter College under professor Tina Howe.

*theatre KAPOW thanks the following people and organizations  
for their support of Gidion's Knot:*

Matthew Lomanno ~ APS Sound, Lighting and AV ~ Pinkerton Academy

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Carey Cahoon ~ Matt Cahoon ~ Peter Josephson  
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12

12A

14

15

*season 13: we can get through this*

*“Isolation offered its own form of companionship” ~ Jhumpa Lahiri*

Over the past several months most of us have found ourselves in various states of isolation. theatre KAPOW was just days away from beginning rehearsals for the third show of our 12th season when the reality of the pandemic arrived in New Hampshire effectively closing down theatres all over the state. Like so many people across the globe, our activities moved from close and personal interactions to the decidedly distant and impersonal world of video conferencing.

As artists, creating in that time was very difficult. Perhaps out of desperation for some sense of normalcy, isolation truly did begin to offer its own form of companionship. It was in this state of isolation that we, like the tree limb deprived of the sun, began to reach out and grow in new ways to seek the nourishment of creative expression and connection.

We repeated over and over again, “We Can Get Through This.” That phrase was not just a way to reassure each other of our resilience, but a pledge to do what we must to thrive in the face of great adversity. And now we have come to this moment: Season 13. The second series of season 13 will continue to explore isolation, resilience, courage, and conviction. We love the energy of the in-person audience, but for this series, we will be engaging you in an intimate virtual space in real time. Bring these amazing stories into your homes and find companionship in isolation.

And next up:

## ROOM

*Room 303 and Girl's Bedroom by Enda Walsh*  
*I Used to Feel by Ailís Ní Ríain*

April 30 - May 2, 2021





The goal of Expanding the Canon: a play reading circle is to expand our familiarity with the works of BIPOC playwrights. We simply must do the work to change “the canon.” Becoming familiar with these works is one small thing that we can do to move toward the equity we want to see in the world. A guest dramaturg will curate the list of plays the circle will read and come together to discuss.

In this first year, Jasmine Bracey will lead the circle in a study of five works by contemporary Black playwrights beginning on Martin Luther King, Jr. Day, January 18, 2021. Jasmine is a Chicago-based member of Actor’s Equity and is currently an adjunct faculty member at The Theatre School at DePaul University. Her Chicago acting credits include working with The Goodman Theatre, Steppenwolf Theatre Company, Chicago Shakespeare Theatre, American Blues Theatre, and Chicago Dramatists. Regionally, she has worked with Berkeley Repertory Theatre, The Alley Theatre, The Guthrie Theater, The Resident Ensemble Players, The Acting Company, and Pennsylvania Shakespeare Festival. She has received theatre degrees from Florida State University, The American Musical and Dramatic Academy, and the University of Delaware.

Participation in the reading circle will be free of charge and meet for discussions online. Participants must purchase copies of the plays on the list. theatre KAPOW will purchase and make available a limited number of each play so that expense need not be a barrier to participation.

A complete list of the plays, schedule of discussions, and registration information can be found on [www.tKAPOW.com](http://www.tKAPOW.com)

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